



Would you like help reaching your educational goals or planning a career in the United States?

Sign up for the RIS Mentoring Program!



### Refugee & Immigration Services

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F. (207) 871-7465

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Lewiston, ME 04240  
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[RefugeeImmigrationServicesCCM.org](http://RefugeeImmigrationServicesCCM.org)



## RIS Mentoring Program FOR MENTEES



*Helping refugee and asylee adults reach their educational and professional goals*



## What is a mentor?

A mentor is a caring and supportive person from the community who can help you to:

- Set academic and professional goals and plan activities to accomplish them
- Build confidence, familiarity, and connections in a new community

## How does the RIS Mentoring program work?

The RIS Mentoring Program Coordinator matches refugee and asylee adults with professionals from the Portland community who have similar interests, skills, and schedules.

Mentors and mentees meet for two hours a week for six months at any public location and time that fits their schedule.



## Activities or topics of interest may include:

- Homework and English
- High school diploma and GED
- College applications
- Computer skills
- U.S. work culture
- Interviewing skills
- Professional networking
- Re-credentialing foreign degree
- Enjoying time together



## To be eligible you must:

- Speak conversational English
- Be a client of Catholic Charities Refugee and Immigration Services in the past 5 years
- Agree to a minimum 6 month commitment to the program
- Commit to spending two hours a week with a mentor
- Communicate with the mentor weekly

## How to apply:

- Contact the RIS Mentoring Program to fill out an application
- Have an in-person interview

To find out more about the RIS Mentoring program, please contact:

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